

# SURF SUN & Sand





# Important Dates Upcoming Events

Keep up to date with what's happening at the club! Don't forget to check the Club Facebook page or the Torquay SLSC Website for events and updates in case there's any changes or new items that pop up!

- 14  
AUG**

**SENIOR COMPETITION TRAINING STARTS (BLOCK I)**
- 23  
AUG**

**YOUTH AGE MANAGER TRAINING**
- 18  
SEP**

**SUNSHINE COAST ATHLETE CAMP**
- 15  
OCT**

**NIPPER SWIM ASSESSMENT DAY**
- 27  
OCT**

**TSLSC FOUNDATION GOLF DAY**



Want your photo or artwork on the cover of Surf Sun & Sand? Email your graphics through to [marketing.tslsc@gmail.com](mailto:marketing.tslsc@gmail.com)

Remember the artworks have to be original and belong to you. We also need them in a format suitable to be blown up to A4.

We'll feature your name as the creator and/or photographer and include your contact details so that people can reach out to you.

“

Passion first and everything will fall into place.

”

Holly Holm

HAYDEN

GEELONG

OFFICE NOW OPEN

86 Ryrie Street, Geelong

5222 3566

SALES | LEASING | PROPERTY MANAGEMENT | LAND | COMMERCIAL | PROJECTS hayden.com.au

SURF  
COAST

HAYDEN  
[hayden.com.au](http://hayden.com.au)

AIREYS INLET GNARWARRE WINCHELSEA SOUTH

ANGLESEA MOUNT DUNEED

MOUNT MORIAC BARRABOOL PENNYROYAL BIRREGURRA

TORQUAY

BELLBRAE BUCKLEY WENSLEYDALE INVERLEIGH BAMBRA WINCHELSEA

MODEWARRE PARAPARAP BENWERRIN WURDIBOLUC

LORNE

BREAMLEA OMBERSLEY GHERANG MORIAC

CONNEWARRE MOGGS CREEK DEANS MARSH

JAN JUC FRESHWATER CREEK

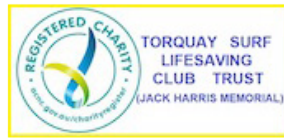
EASTERN VIEW BOONAH BELLS BEACH BIG HILL

FAIRHAVEN

# FABULOUS SPONSORS

## Platinum

Surf Coast Times



## Gold



## Silver



## Bronze



TORQUAY



## Friends





Julian Sweeney  
President

# President's Report



As the season begins it is time to welcome our new and existing members to the Torquay Surf Life Saving Club (Torquay SLSC)



TSLSC Life Members Meeting Attendees



The Torquay SLSC Members Charter that we all sign up to each year is an important document that needs to be processed by all members, new and old, as we buy into another year of the Torquay SLSC.



**TORQUAY SURF LIFE SAVING CLUB**  
 EST. 1945. THE ORIGINAL SURF LIFE SAVING CLUB PATROLLING THE SHORES AT THE HOME OF AUSTRALIAN SURFING. INC.

www.torquayslsc.com.au    A.B.N: 95834027136    Registered Charity: A0002714R  
 www.facebook.com/torquaybackbeach    info@torquayslsc.com.au  
 www.instagram.com/torquay\_slsc    (03) 5261 4110

Torquay Surf Life Saving Club

# Members Charter

This charter establishes a standard by which we conduct ourselves towards others and carry out our duties and obligations as members of the Torquay Surf Life Saving Club

We will at all times;

- Respect the rights, dignity and worth of others
- Be fair, considerate and honest in all dealings with others
- Accept responsibility for our actions
- Refrain from any form of abuse towards others
- Refrain from any form of bullying or harassment towards others
- Be a positive role model
- Contribute to a harmonious, safe and enjoyable Club
- Be aware of and maintain an uncompromising adherence to SLSA's standards, rules, regulations and policies

*Through Vigilance and Service*

It's on the TSLSC Website for you to read anytime you like!



The Torquay SLSC is not only an inclusive environment for all of us to enjoy, but also a place where we practise respect for each other including differences of opinion and acceptance.

The Torquay SLSC is rolling out a new approach to coaching in all age groups in 2023/24. This includes tapping into the Torquay SLSC's rich vein of Surf Life Saving IP.

Please accept this new approach and respect our coaches for the lifetime of Surf Life Saving experience they are bringing to the table.

It is important as members we do not step into spaces that are not our area of expertise if we are not invited. All Torquay SLSC coaches will meet the minimum standards required by Surf Life Saving Australia (SLSA) and Life Saving Victoria (LSV) to fulfil their roles.



TSLSC Golden Girls Luncheon July 2023

With the knowledge and expertise we have within our great club we will continue to lead the way in Surf Life Saving and personal development at a national level.

Please read the member's Charter.

See you at the beach.





# TEAM TORQUAY

WE COULDN'T DO IT WITHOUT YOU.  
PART OF TORQUAY SINCE 1945.

MERCH  
MERCH  
MERCH

We know everybody is excited about Torquay SLSC Merch! We're well on the way to restocking inventory in the Merch Store! Stay tuned for more updates via the website & Facebook!

2023/24  
MEMBERSHIPS  
OPEN

It's time to renew your memberships! Before you know it, the season will be upon us and so will the Spring & Summer rush. Head over to The Club website and renew your membership! It's also a great time to introduce friends, family and associates to the Torquay SLSC and get them signed up too!





## From the Front Page

Hayden Real Estate has become synonymous with Torquay Nippers and we're proud to announce that the strong bond will continue into the 2023/24 season. Here's Ben Smith from Hayden Real Estate shaking hands with our President Julian Sweeney at a signing ceremony at the Hayden Real Estate Torquay Office. The Club would like to thank Hayden Real Estate for their ongoing support and the assistance it will provide to make this season another amazing one!



# Torquay Surf Life Saving Club Foundation Golf Day



Join current club members, supporters and partners for a great afternoon of golf.

## RACV GOLF COURSE – FRIDAY 27<sup>TH</sup> OCTOBER 2023

12.00 pm arrival for 1.00 pm shotgun start

The TSLSC Foundation are hosting a Golf Day to help raise necessary funds to support the Life Saving Club. Join current club members, supporters and partners for a great afternoon of golf to assist the Foundation to raise money to support the club in all areas of its ongoing services to its members and the community.

### The afternoon includes:

- 18 holes of golf
  - Nearest the pin and other prizes
  - Post golf presentation including finger food
  - On course drinks at bar prices
- The format is four person Ambrose but if you don't have a team, we can partner you on the day.
- Cost: \$100 per player

Golf Cart Hire (if required) – Contact [RACV Golf Course](#) directly

Click on this [link](#) to register through Trybooking.

For enquiries, please email [tslscfoundation@gmail.com](mailto:tslscfoundation@gmail.com) or contact Kate Tass on 0412 514 531.



# Club Captain's Report

## Grant Matthews



### BONNIE, THE LEGEND.

Firstly, to everyone who supported the club by attending the Bonnie Hancock presentation, a massive thank you. Bonnie is an inspirational young woman who shared with us the story of her circumnavigation of Australia on an ocean ski. The surf club provided us with this amazing opportunity. Everyone who supported the workshop can use the lessons, strategies and wisdom from Bonnie's talk and apply it to their own circumstances and challenges in life.

**AS CLUB CAPTAIN I AM ALWAYS LOOKING FOR A PATHWAY FOR OUR CLUB TO STAND ALONE LOCALLY AND WITHIN THE SURF LIFESAVING COMMUNITY AUSTRALIA WIDE. WE ALL NEED TO WORK TOGETHER TO BUILD OUR CLUB.**

Reach out to each other. Engage in positive and inclusive behaviour. Help when help is needed. Don't turn away... lean in. Most of all LEAVE YOUR EGO AT THE DOOR!





**INCH BY INCH LET'S MAKE OUR SURF CLUB 'THE SURF CLUB'**

**IT BEGINS AND ENDS WITH US!**







The law firm with capital city expertise and a regional heart. Servicing commercial and private clients for the past 85 years.



## A WORD FROM OUR LAWYERS!

After coming on board as amazing sponsors last season, Coulter Legal have just upgraded to a Silver Sponsorship as well as becoming the preferred legal services provider for The Club. How good's that?! We love it when our fab sponsors renew their support and find new ways for us to work together. If you're in a position where your business can support the club or the club can support you, please reach out to us and we can have a discussion on how we can work together too!



## Historian News

### Tony Fraser

## Torquay SLSC Order of Australia awardees.

Several members of the Torquay SLSC have received awards under the Order of Australia scheme which commenced in 1975. The four categories are Companion, Officer, Member and Medal. The list below indicates the known members, their awards and citations, not all having been related to their surf activities.

## Members of the Order of Australia

**Charlie Lyon AM** For service to surf lifesaving.

**Eugene "Titch" Cullity AM** For service to the law and to the community, particularly through support for programs to rehabilitate juvenile offenders, and to Calvary Health Care Bethlehem.

**Bill Johnson AM** For significant service to medicine in the field endocrinology, as an educator and mentor, and to surf lifesaving.

**Terry Wall AM** For service to the coal industry as a researcher in the coal sciences, particularly in the technical areas related to coal combustion and to education.

## Medals of the Order of Australia

**Peter Troy AOM** For service to surfing, particularly as a contributor to the establishment of the sport and as an historian, and to the surf lifesaving movement.

**Peter Doak AOM** For services to sport, and to the community of Geelong

**Ken Pollard AOM** For service to the community through the Torquay Surf Life Saving Club.

**Leon Weigard AOM** For service to sport, particularly the Olympic movement as an administrator, and to the community through a range of charitable organisations.

**Peter Tonkin AOM** For service to swimming.

**David Shaw OAM** Has been recognised for service to community health - in particular the Prostate Cancer Foundation - and Australian rules football.

**Michael Klim OAM** For service to sport as a gold medallist at the Sydney 2000 Olympic Games.

**Anthony Strahan OAM** For Service to Surf Lifesaving.

Prior to 1975 awards were made under the British Empire award system, with both (old) Dick Garrard and Ainslie (Sprint) Walker having Officer (OBE) awards.

This list may not be complete, and we welcome information about additional awardees.





## Lifesaving Update Mat Blair

I've been working on a complete re-vamp of the patrol roster and it's coming together nicely. We are striving to reduce the number of rostered days each active member will be required to do this season by targeting key members and awards more effectively across each patrol.

The goal is to have each Active Member rostered for a maximum of three patrols this season. One on Saturday, one on Sunday and a maximum of one Public Holiday. This new model will require 20 Patrol Captains so if you would like to help out please get in touch. Training will be provided, and new Captain's will be paired with an experienced mentor as a Vice Captain.

We are also very excited to announce the return of patrol lunches on Sundays. Thank you to our Life Members and Associate Members who are in charge of feeding our amazing volunteers.

Stay tuned for the first version release with the option of choosing which patrol dates work best for you.

## TRAINING NEWS!

Planning for the upcoming season is well underway with the bulk of the training calendar finalized, so keep a look when we go live on the website. There will be lots of options available at the Club this season for advancing and adding to your skill set.

I'd like to welcome Susan Noonan to the team as our new Chief Instructor. Susan is an amazing asset at the Club and a top-notch trainer. We can't wait for her infectious energy, talent, and enthusiasm for lifesaving to be delivered to our future leaders through Bronze and SRC courses.



# SENTENCED TO



On Sunday 18 June 2023, at the 78th AGM of the Torquay SLSC Dennis Carty and David Shaw were inducted as Life Members of the Torquay Surf Life Saving Club. Hooray!  
A précis of their history.



## DENNIS CARTY

## DAVID SHAW

Dennis Carty joined the Torquay SLSC on 2 January 1968. He passed the bronze examination on 17 March 1973. The Associate section was formed for fundraising purposes and managed by a separate committee for 3 decades. Dennis has held many committee positions including Club Vice President for 3 years, President of the Associates for 4 years, Member of Associates Committee for 24 years.

He has also been a member of many sub committees which include Liquor Licence, Jet Power Boat, Carnival, Night Surf carnival, 50th Year Anniversary and the Finance and Honda day at the beach which was held for 3 years and was a huge financial success. Dennis organised a Honda SUV on loan for competitors to be transported to surf carnivals. He also organised through Suzuki Australia the supply of 4 vehicles free of charge to raffle. The money raised was the largest amount by one person in the history of our club. Dennis was involved with other club members in a night rescue at Rocky Point on 23 January 1988. The club received a letter of Commendation from SLSCA.

Dennis received his 50 year membership in 2018.

David Shaw OAM. David joined the Torquay SLSC in 1959 and passed the bronze examination on 30 January 1960. He was a member of the Patrol Team that won 3 club inter patrol competitions in a row. He competed at surf carnivals in double ski events and was also part of the gold medal team that won the open beach relay at the Victorian Senior Championships in 1963.

He played in 2 premierships with the Essendon Football Club. David was given time off from training with the Essendon Football Club at Windy Hill during the summer to concentrate on Surf Life Saving events.

David has been our Club's Honorary Solicitor since 1986. For 37 years he has provided advice to the club. Since establishment in 1995 he has been a Trustee of the TSLSC Trust (Jack Harris Memorial).

David was a great contributor for 64 years.





## Marketing Damian Chappell

With the new season quickly approaching I'd like to take the opportunity to remind all the members from seasons past that we're open for business this 2023/24 season and if you haven't already, now would be a great time to renew your memberships.

Getting in ASAP gives Michelle and everyone else an opportunity to get all the membership paperwork sorted out and let's us manage the influx of memberships amongst the million other things that will commence as the weather warms up.

We here in the Marketing Team are also looking for some more volunteers that want to help out with the website, Surf Sun & Sand, Sponsorships, Social Media, Grants and all the fun of taking photos, videos and attending events on behalf of the club! Your help could come from a desire to share your professional skills with the club, gain some work experience, make some new friends, learn a new skill or all of the above! It's really rewarding work that gets seen by thousands of people. Plus you get to work with others just like you! Drop me a line and we can start from there!

We have a few grant requests in at the moment and we'll update you all on how they proceed in the coming months. These are all designed to bring additional capability to the club and either make us better life savers or revenue earners! Fingers crossed!

Sponsors! The Club will soon go into overdrive looking at additional sponsorship opportunities. If you are in the position to think about a sponsorship opportunity with The Club we'd love to have a chat with you to see how we can help you and you can help us!

I'd love to tip my cap to Grant and Michelle for working so hard to get Bonnie to come out to the club last month. I have heard many people speak, all over the world and I can tell you without hesitation that she tells a story that is humbling and captivating. And it is told simply, honestly and without any arrogance or pretention. To put it simply it was awe inspiring and something I will remember for the rest of my life. She is a living legend and so down to earth. If you ever have an opportunity to hear her speak or take part in a surf clinic with her involved - DO IT! I'd love to thank Sec Medic for sponsoring the event and making it possible.







# WE WANT YOU!

MEMBERSHIP RENEWALS ARE OPEN

NIPPER REGISTRATIONS ARE OPEN

SUMMER HOLIDAY PROGRAM  
REGISTRATIONS ARE OPEN

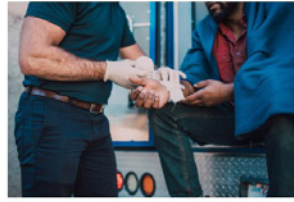
STARFISH NIPPERS  
REGISTRATIONS ARE OPEN

## SecMedic *Medical - Security - Fire - Occupational Response*



SecMedic offers a fully integrated support package, highly experienced in providing the highest level of care across medical, occupational response, events, security and fire.

SecMedic's integrated service offers financial value to clients, as the logistical and organisational requirements of implementing risk management decreases. We pride ourselves on recruiting high-quality, certified professionals. All of our staff, from the chief medical officer to our passionate students hold the highest qualifications and are subject to regular on-the-job performance management and training. Leading each of the four streams of our business are specialised commanders with extensive industry experience. These commanders are responsible for identifying risk, supporting staff, and liaising with our operators and festival management. This approach delivers smooth results every time.



### Do you have a planned event?

SecMedic can assist you by offering a combined solution for your medical, and fire needs.



Stack and store clean energy.

The Energizer® Solar Powerstack is a modular battery system that can be tailored to suit your home needs. Store your energy and save it for when you need it most.



The hardest working part of your solar ecosystem.

Energizer® Solar Inverters are the hardest-working part of your solar ecosystem, so counting on a brand you can trust is essential.



Brighten your home with solar.

Built using Mono-crystalline PERC technology, the Energizer® Solar Panels range combines two of the best technologies in the market.



Portable power anywhere, anytime.

Not only are we powering your home, but your lifestyle too. Discover the Energizer® Solar Portable Power Stations at the link below.



Capture the sun with ease and flexibility.

Explore the Energizer® Solar Portable Solar Panels. Charge your devices when you're outdoors or need extra energy. They are lightweight and portable making them easy to use.

## Why Energizer?

Energizer® began innovating in 1896 with the creation of the world's first consumer battery. Since then, the Energizer® brand has become synonymous with innovation and emerging technologies.

Energizer® Solar is driving Energizer's pioneering spirit forward to bring better access to clean energy solutions that improve people's lives and our planet.



GEELONG EST. 2014  
BLACKMAN'S TORQUAY, AUSTRALIA  
JUICY BANGER  
5.8% ALC / VOL 375ml

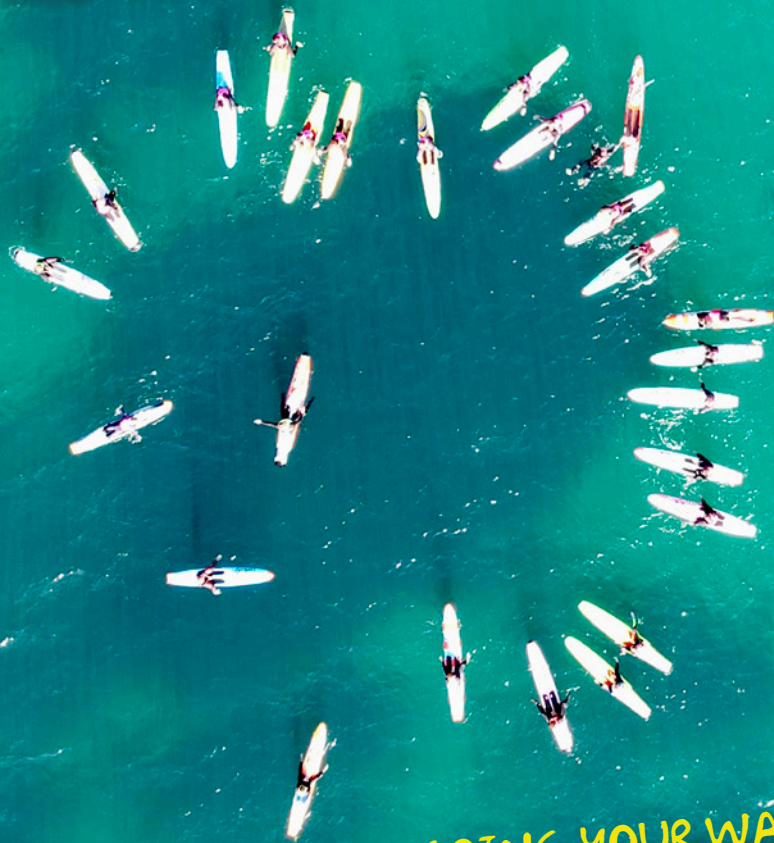
**HOTTEST 100 AUSSIE CRAFT BEERS 2022**

**THANK YOU FOR YOUR BANGER LOVE!**  
- THE SURF COAST'S #1 BEER -



THE OCEAN CAN BE KIND AND CRUEL. THE OCEAN CAN CHANGE ON THE FLIP OF A COIN.

TORQUAY RESCUE TEACHES US TO ACCEPT, COPE AND GROW... LEARNING FROM THE OCEAN.



IF THINGS ARE NOT GOING YOUR WAY, ACCEPT, COPE AND GROW.

IF IT FEELS LIKE YOU'RE IN HELL YOU CAN COME BACK!

# TORQUAY RESCUE





## Member Profile: Tony Strahan



Tony was born and raised in the Melbourne beachside suburb of Sandringham and in 1953 at age 11, his family moved to Geelong where he attended school at Geelong College.

He and his brother and two sisters were soon taught to swim at Eastern Beach baths in Corio Bay, the only pool in Geelong at that time. The family subsequently joined the Geelong Western Swimming Club based at Eastern Beach and began successful swimming careers.

Tony, Hugh, and Elizabeth later became Victorian swimming champions in the early 1960's, and Tony soon became a three-time Australian swimming team representative, including at the 1962 Commonwealth Games in Perth where he won a gold medal in the 4x220 yards freestyle relay along with the legendary Murray Rose, in a new world record.

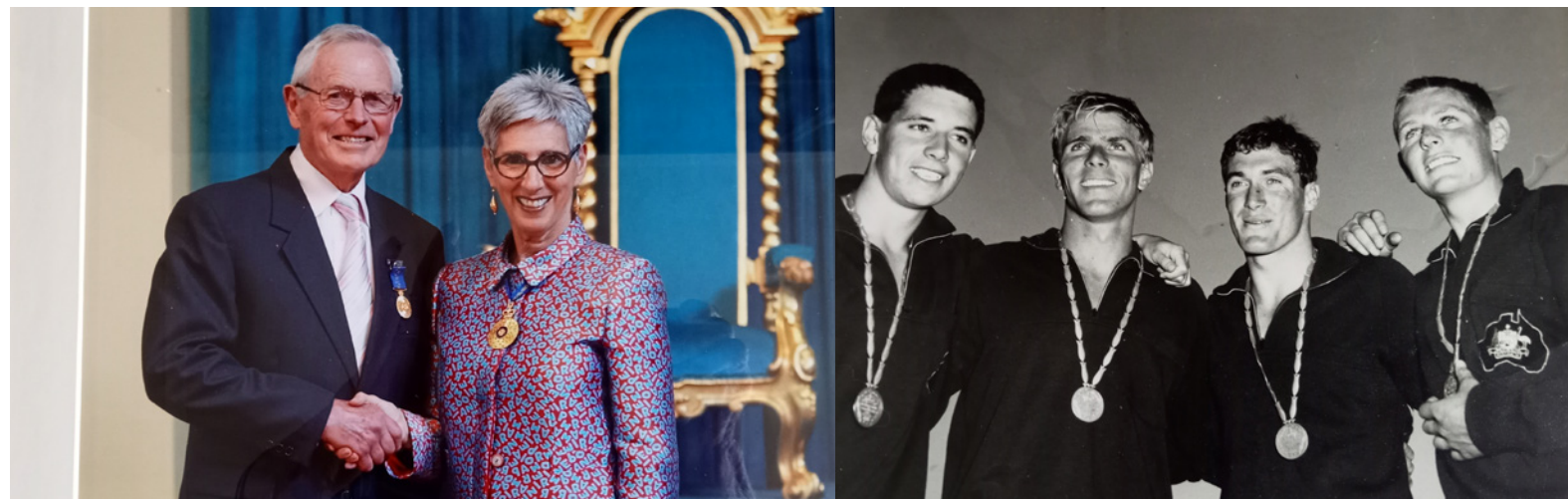


The following year he was in the Australian team which toured Japan, Russia, East and West Germany, Sweden, Denmark, Norway, and England. During the competition in East Germany, he witnessed the dramatic exploits of many East Germans attempting to escape from strict communist oppression into West Germany. He still has these vivid memories nearly 60 years later.

His brother Hugh, apart from being a successful swimmer and surf lifesaver, later concentrated on football and proceeded to play 88 games with the Geelong Cats between 1968 and 1972.

Tony later began a successful period in Master's swimming competition winning over 50 Victorian and Australian titles and a World 50 meters freestyle title at the World Masters swimming championships in 1988. In 1994 he won two titles at the World Masters Games in the 50 meters and 100 meters freestyle.

He has also won the Lorne Pier to Pub swim event 15 times over various age groups.



Anthony Strahan OAM 2019 with Governor General

Tony Strahan Far Right Member of Commonwealth World Record Breaking Team 1962

Tony joined the Torquay Surf Life Saving Club in 1960 and has been a member for 60 years as a surf lifesaver, competitor, Treasurer, Competition Director, and chairman of the Audit and Risk Committee. In addition, he is a former Treasurer and Finance Committee member of Swimming Victoria, and Life Saving Victoria (LSV) Competition Panel Chairman, Victoria Nipper team coach and LSV Superintendent of Nipper activities throughout Victoria.

He has been a member of multiple Victorian surf lifesaving teams, including Captain of the teams to New Zealand in 1980 and California, USA in 1987. He has won 14 Australian Master's individual gold medals. In 2007 he won a gold medal in the individual Rescue Tube race at the World Master's surf lifesaving titles at Lorne.

Professionally, Tony qualified as a Chartered Accountant and practised mainly in auditing, taxation and succession planning.

Various Awards achieved include the Order of Australia Medal (OAM) for service to surf lifesaving, Australian Sports Medal for Australian Sporting Achievement, Citation of Merit from World Lifesaving, Life memberships of Torquay Surf Lifesaving Club, Life Saving Victoria and Geelong Swimming Club. Tony's sons, David and Simon have been proud members of the Club since joining the nippers in 1980/81 and have also represented Victoria in numerous interstate and overseas teams. They have each won over 50 individual Victorian surf lifesaving championships gold medals and are a former Club Captain and Club President, respectively.

# Facilities Report

## Jono Griffiths



Well, it is a new year for the club, and it is off to a busy start! I am excited to do my part in helping the club out in my role as Director of Facilities.

The month began with needed improvements to the security of the facility. We have added an additional motor to the craft shed enabling easy access for both boards and skis. We are on track for meeting our Health Safety & Environment obligations by developing an asbestos register and electrical test and tagging. Unfortunately, however this month also saw the need to complete some unplanned maintenance with the failure of our walk in cool room. With a quick turnaround, we have secured a replacement condenser and managed to have this critical equipment replaced with no impact on operations and events. Thanks to our partners and Bellarine Refrigeration.

The implementation of a 'jobs list' is underway. We are looking towards the development of a way to engage with those who have some time and are willing to assist with the upkeep on the building. The concept will follow a 'See It, Call It, Fix It' approach by enabling a way for members to identify potential maintenance needs, add it to a list and then pull from that list a task they may be willing to help with. Should any of our members have the ability to help out and are willing in any way, please do not hesitate to reach out as all help is appreciated and needed.

Lastly, the annual health inspection has been completed. For the age of the facilities, it was pleasing to receive a pass with minimal improvements required. A massive call out to Tod who works tirelessly to maintain the cleanliness and hygiene of the building.







## Senior Competition Tim Altman



I'm excited to take on the role of Competition Director.

I have competed and worked professionally in surf lifesaving, flatwater kayaking and ocean paddling for over 40 years. I have seen and learned much, and I still maintain contact with colleagues in similar positions in clubs around the country.

I have spoken with several peers who I respect very much about the best approach moving forward for our club. With the right support, I believe it will yield some fantastic results both as a positive, healthy environment for young people to be involved in (and parents), as well as achieving great results in competition.

Our numbers at senior level are not great, so we will undergo a rebuild, but that offers an exciting challenge.





A MESSAGE FROM  
**THE COACH'S BLACKBOARD**

**THE NEXT 2 YEARS**

1. Rebuild athlete numbers and culture within the Competition section – a culture that is fun, inclusive and respectful for all.
2. Ideally have 2 relay teams per discipline, per age group, per gender - including board, ski, swim, beach and boats. Even IRB & R&R if possible. Building athlete numbers and culture is the priority. No one is any more important than anyone else in the team, regardless of ability/standard, gender, age etc. Place the right management and coaching structure behind a group with numbers, and the right culture, and the results at all levels will look after themselves.
3. Set up a coaching panel utilising the wealth of IP and expertise that has come through the club over 50 years. We are in unique position in Victorian lifesaving that we don't need to outsource expertise or coaching it is abundant within the history of the club if we can encourage them to be involved, or to come back.
4. Build a masters team that also encourages many of these former competitors back to the club. Provide a pathway for new masters competitors wishing to get involved ie. parents etc. Surf lifesaving is a lifestyle sport that is available to athletes of all ages.
5. Bridge the gap between nippers and the open & age competitors (U15, 17 and above). Have senior, master & U19 competitors come down regularly to nippers to assist. Also help coach/train the parents who are supervising and training the nippers. Perhaps also some club events incorporating nippers and above.
6. Run regular trips, training days/weekends etc. increase the fun and adventure of training.



There have been questions around the commencement of training for the 2023/24 season. We simply had to wait until after the Annual General Meeting in late June before information could be circulated. The training outline and carnival dates have now been released.

The commencement of training in August is later than our neighbouring clubs for formal club training to commence, however the head coach Nick Thomas, the coaching panel (to be introduced to you soon) and I all concur that given the Victorian Championships are in late March, and Aussies in mid-late April there is no need for panic.

In many cases, I've seen clubs begin training too early and the competitors end up being burn out by Christmas.

Most of the senior competitors have been doing their own pre-season training, either swimming, running, gym, football/netball/hockey etc. for some time.

We've commenced developmental ski sessions already, and these will be held every Sunday at 9am at Torquay SLSC – sessions will be either on Spring Creek, at Fishos or at Torquay beach. Any competitors wanting to learn to paddle and start building efficient technique and surf skills are welcome.

In addition, we will return to the Sunday morning club sessions that many of us grew up with. These will be held at 9am on the first Sunday of the month at Torquay SLSC for all competitors wanting to attend – including senior competitors, youth, masters etc. across all sections.

The nature of the session will depend on conditions but may vary from a run and paddle (craft of choice), a longer steady paddle, or if it's pumping, we'll go for a tea surf (again, craft of choice – including surfboards).

This session is designed not only for development of fitness, technique, and skills, it is principally designed to get the whole team together with breakfast afterwards at the club.

This is a tradition that the club held for several decades, one that many of us believe to be important for the club culture.

Finally, some are doing the occasional high performance or winter development programs through LSV.

Whilst these can be valuable, the Competition section and coaching panel strongly believe that we have more than enough coaching experience and expertise within the club to tap into, with many competitors having represented their country at national and international level, won national medals and championships, as well as spending time living and training in Qld.

Whilst we are happy for you to attend the state sessions, and support you in doing so, we don't believe those who don't will be handicapped at all.

Building a strong club training environment and culture is far more potent than occasional.



# Nipper News

## Matt Carmichael



The age caps have been washed, detangled and counted with extra stock ordered - this can mean only one thing - only 6 weeks until nippers season starts! We have received strong responses from most of our volunteer helpers from last season, but the emphasis this season will be helping more of our family groups achieve some awards so that we can continue to deliver the best nipper program on the surf coast!

**HAYDEN**





As our program continues to expand, we will require additional volunteers to ensure we deliver a program that continues to provide a pathway for future lifesavers through life saving skill development and surf sports. We also want to bring families and friends together in community service, foster an appreciation and respect for the ocean and natural environment whilst adhering to the principles outlined in the Member Charter.



We are creating a great atmosphere in the nipper section which is resulting in some very dedicated young members wanting to spend a lot of time around the club. This is demonstrated by 14 nippers (or recently graduated nippers) gaining a place on the Life Saving Victoria (LSV) Winter Development Squad. This equates to 20% of the total squad - we might need to look at running our own internal program next winter to give some of the other clubs a chance!

As you are all aware the nipper section has grown significantly in recent years, so the key measure of success for us is retention rates, because if nippers are returning, we are doing the right thing!

Retention rates and volunteer engagement are two areas of focus this year and will be critical to our success and provide an opportunity for all to assist in any small way they can and exhibit the culture and character of Torquay SLSC.

On the beach, we plan on leveraging the depth of lifesaving skills and experience within the club to develop a coaching program for our Nippers. Off the beach, we need to harness the diverse skills of our nipper families to share the load of running such a large program in the short term, and build the capability within the section to continue delivering high quality nippers programs for the next 5- 10 years and beyond.

Once again If you are keen to get involved next season, please don't hesitate to contact a committee member. Keep your eye out on social media for any upcoming courses or expressions of interest, or in the meantime log onto the SLSA portal and have a go at completing your age managers or technical officials accreditation prior to season start. Currently we are seeking additional Age Managers for every age group and for members to complete their technical official training online so please let us know if you are happy to help out.

I look forward to seeing you on the beach or in the water.





## BLACKMAN'S BREWERY AND MEXICAN CANTINA

× × × ×

In the surf coast town of Torquay, 500 metres from the beach – we get to brew beer. For 9 years we have called Bell Street home, and since then we have created a space for you to come and taste some **awesome beer** and catch up with friends and family.

Drink straight from the source. Once our beer is brewed, it goes straight from the serving tank into your glass. It doesn't get much fresher than that. You can even see the brew team out the back doing their thing.

This summer Blackman's Brewery will be Mexican Cantina. Think tacos, margs, beers and sunshine. Our beer garden is set to turn into Margaritaville, where you can get tasty flavoured margaritas all summer long. It's going to be an awesome spot to meet your mates.

And don't worry, if you don't love good beer as much as we do, we've got an epic local wine and craft spirit list as well.

### BREWERY TOURS

We also have the option to book Brewery Tours on Wednesday's at Torquay at 4.00PM, but these need to be booked a week in advance. Please email [marketingteam@blackmansbrewery.com.au](mailto:marketingteam@blackmansbrewery.com.au). One of our Brewers will show you where the magic happens and take you through our original brewhouse to see where the Blackman's brewing process began.

It's \$20 per person (for a maximum 10 people) and includes a tasting paddle. Bookings are absolutely essential so lock in your spot by emailing [marketingteam@blackmansbrewery.com.au](mailto:marketingteam@blackmansbrewery.com.au).