



SURF, SUN 'N' SAND



President's update

*We are at the half way point of the TSLSC membership year already. The beach is a frenzy of activity with more boat crews than ever, nippers on mass and youth and senior numbers growing. It really is a wonderful sight when the club is working as one. For a number of years the **Starfish** program has been on the list to launch. Like everything, it relies on volunteers, this year one of our nipper parents has taken the lead and I am beyond proud to say we will be running the first ever TSLSC starfish program this season.*



Starfish is an LSV endorsed program aimed at giving children and young adults with disabilities, beach safety and water awareness skills. This season however we are a little restricted by not having disability access to the beach but this access and building of disability facilities forms a vital part of the much needed redevelopment we are focused on. Starfish relies on volunteers and is extremely rewarding. If you are keen to find out more please email starfish.tslsc@gmail.com. We will be limiting numbers this year, starting with siblings of current members. So watch out for the starfish flags at nipper sessions in December. The smiles from those involved I am sure will radiate.

This month we have seen members expand their life saving knowledge by attending Silver Beach Management courses and Provide First Aid. Both courses were well attended and enable us to ensure our members fulfil our primary role of patrolling our magnificent beach. I am excited to say that currently around 20 youth are undertaking the SRC program which is an increase on prior years. A huge thanks goes to our volunteer trainers and assessors. The hours they put in to make these courses interactive whilst ensuring learning outcomes are achieved is amazing. Don't forget regional re-qual dates have been set, with the first Torquay date being November 16 at 9am.

So it is certainly all go at our great club. Please keep up to date with the calendar of events on the website, SurfGuard notices and TeamApp alerts. Hope to see you all at one of the Beach Kitchen sittings which are one element of our strategy to opening the club to the community and raising money to fund our redevelopment.

Tiffany Quinlan, Club President

Club News

It has been a very busy October with an even busier November coming. Youth Squad has kicked off and is going really well with great numbers. Last Sunday the kids experienced the IRB for the first time thanks goes to Vaughan for day the kids had a great time.

The **club gear inspection was passed** and went really well thank you to Vaughan, Matt Henderson and Katrina Sinfield for helping on the day. This season we will be paying close attention to the up keep and maintenance of the IRBs/ATV. The ATV in particular hasn't been looked after over recent years and as a club we have just incurred significant cost to get it repaid . This year it is only to be used for patrols and launching the IRB. The ATV is a piece of life saving equipment and needs to be respected and treated for its primary role. I am also looking for a volunteer to take on the role as club Gear Steward if you can help out please send me an email and I can let you know what is involved.

Great to see the club buzzing at the moment with nippers, meals upstairs, boats training and great numbers at board and ski training.

Cam Mercer, Club Captain

For the Calendar

- Nov 10..... LSV Endurance Mornington
- Nov 15-17 Lorne Nippers Camp
- Nov 16..... TSLSC Bronze/SRC re-qual
- Nov 23..... Patrol Captains Meeting
- Nov 30..... Jan Juc Bronze/SRC re-qual
- Nov 30..... VSRL Carnival Port Campbell
- Dec 7..... Anglesea Bronze/SRC re-qual
- Dec 8..... TSLSC Bronze/SRC re-qual
- Dec 22..... Anglesea Bronze/SRC re-qual
- Dec 29..... TSLSC Bronze/SRC re-qual

*Plus Beach Kitchen with iL Matto every Friday night and The Stoop Sunday afternoons!

KEEP UP-TO-DATE AT THE CLUB CALENDAR >
WWW.TORQUAYSLSC.COM.AU/EVENTS



FOCUS ON LIFESAVING

William Fleming, Director of Lifesaving

Having patrolled for over three decades (started young) at Torquay, I am passionate about our core function – patrolling our magnificent beaches. The **Patrol Roster** is complete and never an easy task. This year we have 10 patrols which is great and each year it is critical we increase this to reduce the burden on the same few volunteers. By the time you ensure each patrol has the required qualifications, work around people being on patrol together and the carnival dates it is quite a logistical task. We have done the best we can and I am sure members appreciate this. If you have not been placed on a patrol and wish to volunteer please email me directly as I am more than happy to assign you.

Protocols for substitution will be published in the coming week however best practice is to always check with your patrol captain as it is about ensuring we have all the necessary awards on each patrol as well as numbers. Patrol Captains will be briefed on duties and requirements on November 23rd and our first patrol will be November 30. I would like to thank the patrol captains for volunteering as this is one of the most important roles in the club. Without them we simply do not exist, so from all of us to you – thank you.

The patrol roster will be available on the website and communication groups set up by the patrol captains for each patrol. So in the meantime don't forget re-qual dates and the need to complete the online element first, by logging into your LSV train anywhere account and complete the online assessment. The second step is to select the location and day you would like to re-qual and book it in. This all ensures the process is as quick as possible on the day. So it's all systems go. I look forward to seeing you on the beach.



LIFESAVING SETS PATH FOR BRIGHT FUTURE

On top of the personal development opportunities and social rewards, being involved as an active patroller can assist with university pathways. More and more higher education institutions are developing programs with application processes considering diverse life experiences and community involvement.

A perfect example of this is our very own **Jaime Patterson**. Jaime has completed a number of LSV awards, most notably the Gold medallion which is not an easy one to achieve. Jaime is a paid life guard during the summer school holidays and this season we welcome her into the role of Patrol captain. Jaime's contribution spans competition, patrols and trainee trainer, not forgetting the many patrol hours that she has given to the club. Jaime is always smiling and happy to help, the community spirit that she shows has set her above her year 12 peers.

Her dedication to lifesaving has been instrumental in the early placement offer into her chosen University degree, through the LaTrobe Aspire Program.

Check out these highlighted programs, and get on board!

- ~ LaTrobe University Aspire Program
- ~ Victoria University VU Guaranteed Program
- ~ Australia Catholic University Community Achiever



**VICTORIA
UNIVERSITY**



MEMBER TRAINING & EDUCATION

Re-qual : the time is now

It's definitely a sign summer is near when we announce our annual skills maintenance dates! For all Bronze and SRC holders, the dates for annual re-qual are,

November 16

December 8

December 29

Participants **MUST REGISTER ONLINE FOR A PRACTICAL DATE** to be able to complete re-qualification.

- online assessment must be completed before attending a practical.
- practical assessment date must be booked (on the day turn ups will not be assessed).
- if you need to change a date, log in and change via <https://mt.lsv-from-anywhere.com.au>.
- members are able to attend scheduled re-quals at any LSV club in Vic

Re-qualification STEPS

1. Log into <https://mt.lsv-from-anywhere.com.au>
2. Choose COURSE TYPE: SKILLS MAINTENANCE
3. Choose relevant award (SM: Bronze Medallion OR SM: Surf Rescue Certificate)
4. Complete online assessment (you have x10 available attempts)
5. Once you have completed your assessment you will be asked to book a practical assessment (you must complete online first)
6. Attend chosen practical date, bring your printed online assessment completion evidence

UPCOMING IRB COURSES

A key area of resource need for TSLSC is the ongoing development of IRB Crew and Drivers. We are looking to include courses for these awards over summer, based on expressions of interest. Let us know if we can count you in!

To register: <http://bit.ly/IRBcourse>

- ~ IRB Crew member (Bronze medallion pre-requisite)
- ~ IRB Driver (Bronze medallion & IRB Crew held for 12 months pre-requisite)



2019 BRONZE CAMP TORQUAY SLSC

DECEMBER 15 – 21 2019

EARN YOUR BRONZE MEDALLION!

Full residential camp for youth aged 15 – 17yrs with adult supervision. Patrol the beach this summer, kickstart your life saving journey and make lifelong friends...

To register interest email info@torquayslsc.com.au, or phone 5261 4110

**NEW
MEMBERS
WELCOME!**





COMPETITION ROUND UP

Director of Competition – PETER QUINLAN



The 2019/20 season is now only a week or two away with the Victorian Endurance Championships to be held at Mornington on November 10th. Congratulations to both Archie Vernon and Josh Patterson who both competed in the Junior Coolangatta Gold, finishing 4th and 17th respectively in a hotly contested race. A great effort by both who are still eligible to compete in this race next year.

Also, Grace Harris and Jordan Merrilees have both been selected to represent Victoria in the up and coming SLSA Elite Series. It has been pleasing to see many members, both old and young, turning up to board training over the past couple of weeks and with our Beach and R & R up and going and training for a number of weeks now, all sections cannot wait for the season to start.

We have scheduled the **Jim Wall Iron Race** for Friday January 10 2020 . It will be a twilight carnival commencing at 2.30 pm. You can check out the clubs website for more details.

Just a reminder that all communication for Youth and Senior sections will continue through the clubs Team App, so if you are not signed up then you need to before the season starts. See you in the water.

BRUCE JOINS THE CREW!



While Bruce Winstanley from Great Ocean Pools is no stranger to aquatic pursuits, as a previous national level pool swimmer, he admits it's been a while since he has been behind an oar!

The sponsor of the renowned 'Pools' boat from Torquay Surf Life Saving Club recently joined the Torquay teams in their mid-week training session on the Barwon River in Geelong. Jumping in with the U19 Jets and U23 Jackson 5 female crews, Bruce hasn't decided whether to make a late return to surf boat rowing!

'As a pool breastroker there really wasn't much need for me in the surf swim team at my home club of Point Leo, so I found my way to rowing. While I competed in the nationals in '85, it's been over 30 years since I've been back in a boat!'

Bruce from Great Ocean Pools.

The Great Ocean Pools boat was seen gliding through the waves last season, caught on film by many spectators, it was hard to miss! Bruce's sponsored boat is home to four of the Torquay crews including the U19 Buoyos and U23 Buccaneers male crews, all coached and swept by Jackson Costa. The boat team is currently in training for a busy upcoming season with the first hit out coming up at Port Campbell on November 30.

For more information on Great Ocean Pools head to www.greatoceanpools.com.au

TSLSC FOUNDATION SUPPORTS YOUR CLUB

The TSLSC Foundation Inc. was established in 2015 to work in conjunction with the TSLSC and Jack Harris Trust to provide valuable financial resources to ensure the continuity of our service to the community.



For further information or to make a donation to the TSLSC Foundation email foundation.tslsc@gmail.com



NIPPER NEWS

Director of Junior Development, Matt Henderson

It's great to have finally commenced the season and with 6 sessions in, we are hosting over 100 a nippers a session and already, 270 registered nippers. This is a great start to the season, and judging by the number of "come try" nippers we've had so far, we are in for another bumper season. There has been a consistently strong turnout in the younger age groups, and its pleasing to see an engaged and enthusiastic group of new parents having fun with their kids on the beach!

Our next milestone date is the **Lorne Training Camp** from 15-17 November where a large number of our Nipper families spend the weekend in Lorne.

Our nippers are lucky enough to receive specialist skills coaching from some of our senior competitors and club legends, participate in the Pier to Pub paddle, team building activities and an endurance event! Nipper parents get to make new friends and connections as they help out BBQ Rob feed the hungry masses. If the weather is kind to us, sundowners on the lawn are always a highlight too!

Our U13 cohort are busily preparing the application for the male and female Nipper Captain roles, and I look forward to presenting the profiles of the lucky candidates in the next issue. Many of our U13's have been nippers for many years and have developed in leaps and bounds, and regardless of who holds the formal captaincy roles for the section, I know the U13s are all leaders in their own right and will take every opportunity to assist and support all our younger nippers to have an exceptional experience this season.

Many of our parents are also upskilling themselves at this early stage of the season. We are running an Age Managers Course on 7th November and have a handful of parents that are just waiting for that first carnival at Ocean Grove to tick off their practical assessment. As our numbers grow, we need more parents to take the time to become qualified bronzies, age managers or officials, to ensure we can run a safe and educational program, and with the level of parent engagement at the moment, I'm confident our pool of award holders will grow quickly.



Starfish NIPPERS

The **Starfish Nipper program** is a modified nippers program for individuals with special needs, which is run in conjunction with the age group Nipper Program. The program was founded by the Anglesea Surf Life Saving Club and caters for children and young adults with special needs from the age of 6 years.

The special needs spectrum includes children with autism, attention deficit disorder, Down Syndrome, Asperger's Syndrome and intellectual disabilities, with phase two to include participants with physical disabilities (dependent on program development and funding).

We are proud that our program will cater for such a diverse group of young people with special needs, believing everyone is entitled to access programs where they can learn critical beach safety and awareness skills. First trialled alongside the popular Anglesea Nipper Program, the program is now successfully running at numerous clubs around Victoria. TSLSC is hoping to launch a Starfish Nippers program this season and just like all our club programs, we will rely on the availability of volunteers. Full training programs/lesson plans have been created. To find out more about the program visit starfishnippers.com.au, for more info on how to be involved as a sponsor, volunteer or nipper contact starfish.tspsc@gmail.com.



MEET THE AGE MANAGERS

We are very grateful to our volunteer Age Managers in our Nippers team. With up to 60 excited Nippers to manage in each age group in the height of the season, these members are worth their weight in **gold!**

Meet Miranda

How long have you been involved in the Surf Club?

Since I was 4 or 5. My family have been members for many years and I was so excited to be allowed to sneak in under age to be a nipper.

How many kids do you have in Nippers?

Three - Charlotte (under 11s), Harper (under 9s) & Matilda (under 6)

What's your favourite Nipper event?

Flags. I loved it as a kid and I love how the kids create a real spectacle around it in training.

Why do you volunteer as an Age Manager?

I wanted my kids to have the fun that we had as nippers years ago and recognised the need for volunteers to make it happen for them these days. It's exciting to see all of the kids improve their skills and watch their love of the beach grow, as well as becoming a really strong team, who support each other on carnival day.



Meet Wayne

How long have you been involved in the Surf Club?

My family has been with TSLSC for 9 years now!

How many kids do you have in Nippers?

We have one Nipper still involved, Jack in his final year, and Nicole who has finished her Nipper years.

What's your favourite Nipper event?

Favorite event is any team event beach or water

Why do you volunteer as an Age Manager?

I age manage because there is nothing better than seeing nippers improving their skills - getting on their boards and catching that big wave, swimming that course which used to be impossible and watching the friendships that develop through being on the beach.



SUPER SURF TEAMS LEAGUE



Grace and Jordan have been selected to be a part of the Vic State Team at the upcoming Super Surf Teams League. The elite series is run over three rounds, with 12 teams representing clubs and regions across Australia competing in a brand new surf sports initiative. The SSSL will feature eight person teams, four men and four women, going head to head in a variety of surf, board and swimming events in both single and mixed gender relays. The first round kicks off December 1 at Bulli NSW. **More updates to come.**

RESCUE & RESUS IN FULL SWING

"R&R" has returned to our Life Saving Club this year. We have had a great response from our Youth Squad members as well as numerous Nippers wanting to get involved in traditional area of Life Saving. The Rescue and Resuscitation (R&R) competition provides the opportunity for our members to demonstrate, in a competitive manner, some traditional rescue and resuscitation techniques used in Surf Life Saving.

The term "R&R" comes from the core business of surf lifesaving which is "Rescue and Resuscitation". Today the rescue is done more than likely by a member using a rescue tube, rescue board or IRB. In the past rescues were carried out by a group of members using the reel, line and belt, the rescuer donning the safety belt with the line attached and swimming out to sea to collect the patient. The reel, line and belt still form the rescue equipment in R&R competition today.

Since the inception of surf lifesaving, competition amongst surf club members and surf clubs was inevitable and the R&R event was developed. As the name implies it is Rescue and Resuscitation of a patient still using the absolute icon of surf lifesaving, a reel, line and belt. Competitors are assessed and marked on their performance through the whole competition. The event requires that each team member focus and undertake each task with precision so as not to incur any point's deduction. The winner is the team with the least number of points at the end of the event.

For those wanting to see this in action head down to watch training on Sunday mornings from 11am or check out the demonstration online <http://bit.ly/RescueResus>



R&R Training Sundays @ 11am at TSLSC

FAREWELL KEVIN

We wish Kevin Rielly and his family the best of luck as they embark on their new adventure in Queensland. Kevin has been a valuable asset to the club over many years as our cleaner and will definitely be missed by everyone. From all your club mates 'Good Luck' and be sure to keep in touch.



THE FORECAST WE RELY ON!

For those of you who follow Geoff's morning temperature report, now is your chance to meet the man behind the posts!



We are all watching that water temperature and wishing it to rise!

I achieved my Surf Bronze 50 years ago, as a foundation member of the Woodside Beach Surf Lifesaving Club in 1969. My highlight during those early years was as the Sweep for the junior boat crew. My crew rated me as the most incompetent Sweep in all of lifesaving, but my qualification was, I had a drivers licence and a car with a towbar!

How did you come to be involved in the Club?

I joined TSLSC about 15 years ago as part of a group who surfed and swam each day. Initially as a body boarder, and after suffering a stroke out near Haystacks, I have retreated to body surfing! Following the drowning of Gary, I inherited the roll of 'temperature recorder' which I publish each morning.

From your beach photos, you're an early riser, tell us about your morning routine!

Approximately 6am arrive at Beach to record and publish temperature. Proceed to Moby for coffee, breakfast and idle chatter with friends. Back to the beach for a swim with the 'regulars' followed by a walk for 1/2 an hour or so. Then I can face the day!



What do you love about the TSLSC community?

Like many sporting and social clubs, I love the community, the healthy activities and most of all, I love the healing sensation of the sea!

FUNDRAISING NEWS

Beach Kitchen
@Torquay Surf Club

Beach Kitchen @ Torquay Surf Club kicked off on Oct 11, and has exceeded all expectations, especially given we're just warming up for Summer! iL Matto have been in the kitchen on Friday Nights cooking up delicious Italian fare, and dinner has been sorted every Sunday Night with The Stoop's famous burgers.

We've also had Nic McGay, Sean Boswell, Matt Henderson, Chris Capuano and Sean Mulraney serving up live music, plus a Halloween Party thrown in for the kids.

It's proving to be a great way for members to catch up off the beach, and make use of our amazing club facilities. It's also an important fundraiser toward our **facilities upgrade project**.

As the weather heats up and we get a feel for how things will run smoothly, we're calling on volunteers to give us a hand. We're also keen for some more budding musicians to share their talents.

For those who prefer an off-the-beach way to support your Club, please get in touch and we'll schedule you on the roster. Email clubfundraising.tslsc@gmail.com and let us know your area of interest. See you at Beach Kitchen!

Lanie Conquest, Director of Fundraising

MEMBERSHIP OFFICE OPENING HOURS

MONDAY	CLOSED
TUESDAY	10am – 1pm
WEDNESDAY	10am – 1pm
THURSDAY	10am – 1pm
FRIDAY	2pm – 6pm
SATURDAY	10am – 12pm
SUNDAY	CLOSED

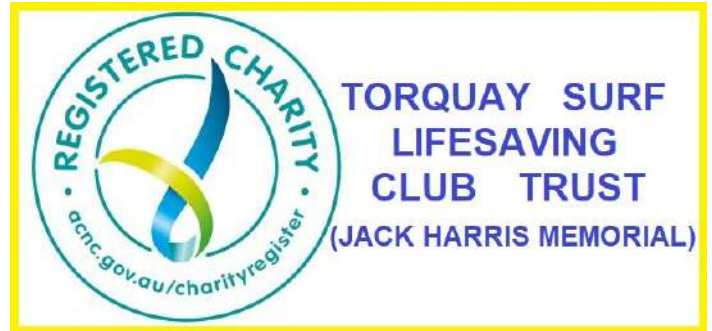




SPONSOR NEWS

It's never too late to get on board as a club sponsor, we certainly have opportunities to suit most needs. Whether it's brand visibility, community involvement or philanthropic support, we can work together to create a bespoke opportunity. We currently have some key branding opportunities ready to activate before the summer season kicks off. Remember all donations and sponsorships are tax deductible, it's a win for everyone!

Thank you to the ongoing support of The Jack Harris Memorial Trust



Spotlight Opportunity – 2019/2020 EDUCATION SPONSOR

If your business is involved in education and training or you're passionate about the ongoing development of our members and the sustainability of lifesaving, consider partnering with the TSLSC as official education sponsor. To discuss further email marketing.tslsc@gmail.com.



WELCOME SPONSOR...

As volunteer-run club, with 1,300 members, we rely on the generosity of donations, availability of grants and the support of our sponsorship partners. This season we are excited to launch a **PLATINUM** partnership with the Torquay Hotel Motel. As passionate supporters of the Surf Coast community, the Hotel recognises the important role of our club in keeping our beaches safe through prevention-led patrols and community education. With a new boat in the Clymer workshop, we look forward to a long partnership with the Hotel team and can't wait to see the crews gliding through the waves towards the end of the season.

Thank you for your support!



MERCHANDISE

Pop-up club merchandise shop is open **every Sunday** 9am – 11am (excluding November 17). For purchases outside of this time contact merchandise.tslsc@gmail.com. Check the website (torquayslsc.com.au/club-merchandise) for current stock availability and prices.

We are excited to be partnering with ENGINE to bring you our range of team swimwear options. ENGINE is one of the world's leading swimwear manufacturers and a major partner of LSV and Surf Sports Australia wide. Their range of swimwear and apparel has been developed over many years and is designed for comfort, functionality, style and performance.

TSLSC has been set up as a club on the Engine Teamwear site. In order to access the site and place orders you will need to set up a NEW account (the Team store sits separate to the normal Engine retail online store). The link is teamwear.engineswim.com and our unique code is **Torquay**. A set quantity of stock to cover expressions of interest plus a small amount of shop stock has been ordered, for this first delivery.

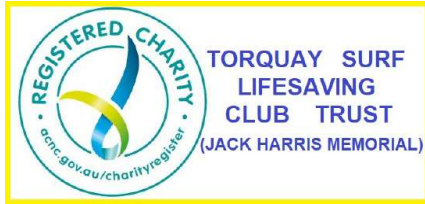


ENGINE



2019/20 SPONSORS

PLATINUM PARTNERS



Surf Coast Times

TORQUAY

HOTEL • MOTEL

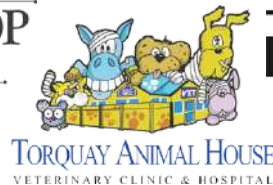
GOLD PARTNERS



SILVER PARTNERS



BRONZE PARTNERS



FRIENDS OF TORQUAY





TORQUAY S.L.S.C.

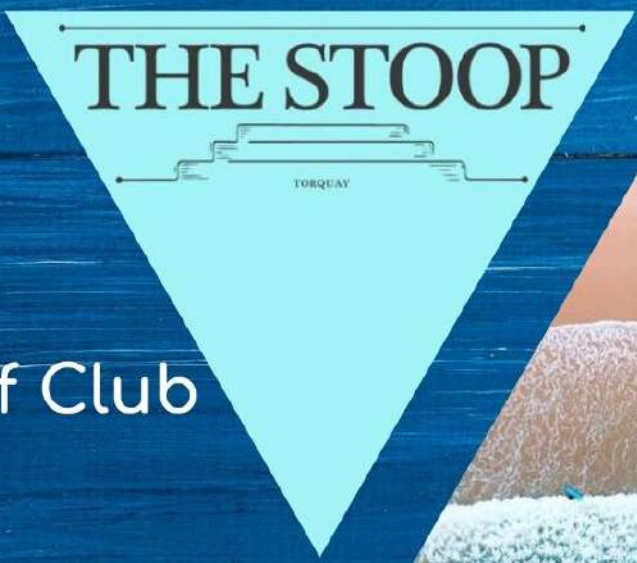
Beach Kitchen

@ Torquay Surf Club

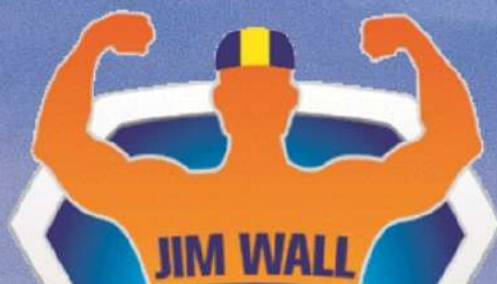
Friday Nights
by iL Matto
5-9pm

Sunday Sessions
by The Stoop
3-8pm

Family friendly



Surf Coast Times



IRONMAN

TWILIGHT IRON EVENT TORQUAY SURF CLUB

FROM 2.30PM
JANUARY 10, 2020

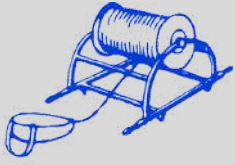
SWIM – SKI – BOARD – RELAY

U13, U15, U17, OPEN
PRIZES & TROPHIES

ENTRIES | bit.ly/JimWall2020



TSLSC LIFE SAVING AND SURF SPORTS TRAINING NOVEMBER



	NIPPERS	YOUTH	SENIORS
MON		Cosy Corner 5.00 - 6.00pm Board with Zeb	Cosy Corner 5.00 - 6.00pm Board with Zeb
TUE			TSLSC 5.00 - 6.00pm Ski with Tim
WED	U8 - U13 Front Beach 5.30 - 6.30pm All events	TSLSC 5.00 - 6.00pm Board with Nick	TSLSC 5.00 - 6.00pm Board with Nick
THU	U11 - U13 TSLSC 5.00 - 6.00pm Beach Training	TSLSC 5.00 - 6.00pm Beach with Dennis	TSLSC Ski with Tim Beach with Dennis 5.00 - 6.00pm
FRI			
SAT		TSLSC 7.30 - 9.00am Iron with Zeb	TSLSC 7.30 - 9.00am Iron with Zeb
SUN	U8 - U13 TSLSC Beach 9.00 - 10.30am All events 11 - 12pm / R&R	TSLSC 8.00 - 9.00am Youth Squad 11 - 12pm R&R	TSLSC 11 - 12pm R&R

Nippers – Matt Henderson – nippers.tslsc@gmail.com

Youth – Cam Mercer – theclubcaptain.tslsc@gmail.com

Seniors – Peter Quinlan – competition.tslsc@gmail.com