



TORQUAY SURF LIFE SAVING CLUB INC.

ABN 95 834 027 136 A0002714R

All Correspondance to PO Box 193 Torquay 3228

Administration Ph. (03) 5261 4110 Fax Ph. (03) 5261 4209

Website www.torquayslsc.com.au E-mail info@torquayslsc.com.au

Re-opening of the TSLSC Gymnasium, Change Rooms, Gear Shed

You must not attend the Club in any capacity if you:

- are experiencing symptoms linked to COVID-19 such as fever, cough or shortness of breath; or
- have been in close contact with someone who is confirmed as having COVID-19 or is experiencing symptoms linked to COVID-19.

In accordance with DHHS regulations, the following rules apply:

Using the Member Changerooms/Showers

- Scan the QR Code to register your attendance,
- Where possible we encourage you to shower at home to help reduce your time spent in this confined space.
- A maximum of 5 people will be permitted in the changeroom areas at any one time.
- **STRICTLY only financial members to enter the Members' Changerooms.**

Using the Members' Gym

- Scan the QR Code to register your attendance,
- A **maximum of 4 people** will be permitted in the gym at any one time.
- Sanitise your hands using supplied hand sanitiser upon arrival and before and after using gym equipment.
- While in the gym, ensure that you maintain a physical distance of 1.5 metres from any other person.
- Members must bring 2 clean towels to train - one to use as a barrier (to lay on equipment benches and seats) and one to use for perspiration.
- All equipment must be wiped over before and after use using sanitising wipes and/or spray which can be found in the gym. Do not use your towel to wipe down gym equipment.
- Bring your own drink bottle.
- Bring your own equipment where possible - e.g. mats, boxing gloves etc.
- Do not touch or share others' personal items or equipment.
- **STRICTLY only financial members to enter the Members' Gym.**

Accessing Gear Shed

- Scan the QR Code to register your attendance,
- This area is not to be used as a change facility,
- Refrain from lingering in the shed, access/return equipment only,
- **STRICTLY only financial members to enter the Gear Shed.**

Please report any breaches of physical distancing and/or hygiene protocols to covidsafe.tslsc@gmail.com.

December 4, 2020